

Open Series Challenge 2008
Wasdale Navigation Training

Saturday 19th April 2008

Please ensure you complete all of the information as required. Please also enter your email address clearly..! Confirmation and joining instructions will be sent to you via email – via post only upon request.

Three Peaks Challenge & Adventure Activities
Transport, logistics, mountain guiding, to full event arrangement

Richard Evered
Event Support & Logistics

Merseyside minibus & MPV transfer
also available via:
MERSEYVENTURE
Home: 0151 283 4713
Mobile: 07976 589 818
richie@merseyventure.com
www.merseyventure.com/threepaks

Your Name: _____

Address: _____

_____ Postcode: _____

Email address: _____

Telephone: _____ Mobile: _____

Emergency Contact Name: _____ Telephone: _____

Details of any medical condition/medication: _____

Entry Cost:

Entry cost for this training day is **£60 per person**

Disclaimer:

Mountain Challenges are physical and demanding sports, which obviously have inherent hazards associated with them. Whilst Merseyventure take all necessary precautions to try and ensure the safety of all participants, unfortunately accidents will occur in consequence. Each participant should familiarise themselves with the hazards and try to minimise these as possible by complying with Merseyventure risk management guidelines and instructions.

Each walker will carry or wear all items as detailed in the 'Walkers Kit List'.

Merseyventure accepts no responsibility whatsoever for any loss or injury resulting from any persons involvement in this activity. Furthermore, it is understood and agreed that individuals participate at their own risk.

I confirm that I am fit and able to attempt this challenge safely, agree to the above statements, and enclose my entry fee as appropriate.

Signed : _____ Date : _____

Office Use Only Recieved Accepted Reserve List Rejected Acknowledged Email List Hard Copy

Date

Action

Notes on the Wasdale Navigation Day.

This navigation course is to be held on Saturday 19th April 2008. We will not be climbing to the summit of Scafell Pike, but staying in the lower valley. Even in summer conditions, foul weather may prevent our group from attempting any higher areas.

Each walker is expected to bring all walking equipment and clothing as detailed in the 'Walkers Kit List'. If you are not fully equipped, we may not allow you to walk with us. Please let us know in advance if you would like to use any of our walking equipment.

Wasdale is probably a lot further from the M6 than you think. Please make sure you allow enough time to get to the meeting point by 10am. No mobile phone reception is available – so you will not be able to advise us if you are going to be late..! Stay overnight near Wasdale beforehand if possible.

This navigation day is not a test of fitness or endurance, but an opportunity of to get to use map and compass, learn how to locate yourself on the map, and study the Three Peaks Challenge routes. The ratio of leaders to walkers will be approximately 1:5

After we have returned to Wasdale, we will normally stay for a few drinks in the Wasdale Head Inn. Please feel free to join us – it's a great chance to ask those questions...

Saturday 19th April 2008: Navigation & Three Peaks Planning

Cost per person: **£60**

Course Itinerary:

1000: Meet at 'The Green', Wasdale. Travel short distance to indoor 'classroom'
1015: Navigation theory & Three Peaks Planning
1200: Short orienteering course, Wasdale valley
1300 - 1400: Lunch at Wasdale (not provided)
1400: Navigation around the Scafell Massif
2000: End of course at the Wasdale Head Inn.

This course includes:

MLTE qualified instructor
Indoor 'classroom' for theory work
Coffee breaks whilst in 'classroom'
Laminated A4 map of navigation area
Laminated A4 map of orienteering course
Sport Ident orienteering controls and timekeeping
Challenge handouts and planning information
Use of VHF radio safety comms
Use of emergency group shelters

Not included:

Lunch at Wasdale
Drinks after the course at Wasdale Head Inn
Any accommodation

Still Interested?

Please fill out the above Entry form, and post it to the address below, along with a cheque made payable to 'Merseyventure' (unless paying via Paypal), to:

*Wasdale Days,
173, Melwood Drive,
West Derby,
Liverpool,
L12 4XG*

Best regards – good luck,

Richie..
MERSEYVENTURE